2023 Biometric Screening Information and Instructions: Employee, spouse and retiree Humana members

On-Site Biometric Screenings:

Neenah Joint School District employees and spouses enrolled in Humana Health Insurance for 2023 may now register for a free 2023 Biometric Screening. Prevea Health coaches will be providing 20-minute appointments that include a measure for height, weight, blood pressure, a fasting finger-stick blood draw, and a brief coaching session. There are many dates to choose from at each building. Employees should attempt to schedule a date at their home-based building. Spouses and retirees will not be scheduling their appointments at the school building. Retirees and spouses will have specific locations designated to them and should choose the first option on the list titled "Spouses and Retirees ONLY". For 2023, spouses are not required to complete the biometric screening, however, it is strongly encouraged as their points will be added to the employees Go365 account to reach the wellness incentive and maintain the lower insurance premium rate. Schedule early to get an appointment between Jan. 1-Feb. 28, 2023. Biometric Screenings completed outside of the Jan. 1-Feb. 28 window will NOT count for a lower premium rate.

Off-Site Biometric Screenings with a Primary Care Provider:

You and your spouse on the plan may otherwise go to your primary care doctor or another healthcare provider to complete your screening beginning on January 1, 2023 and no later than February 14, 2023. Note the earlier deadline for off-site screenings. More information on how to properly complete this process will be provided by January 1, 2023. Please note that you will not be able to log into your Go365 account until January 1, 2023.. Off-site screenings completed and submitted outside of the 1/1/2023-2/14/23 window will NOT count for a lower premium rate. You are responsible for any fees you may incur for this option.

NOTE If spouses schedule their appointment at the Health and Wellness Center, they should only do so by scheduling an appointment through the Veribook signup process. Do not call the clinic to schedule this screening. As previously communicated, spouses and adult dependents are not required to participate in the Biometric Screening. It is, however, strongly encouraged that spouses participate as their points will be added to the employees Go365 account to reach the wellness incentive and maintain the lower insurance premium rate. The Employee on the District health plan must complete this screening AND complete the online health assessment on the Go365 website or smartphone app in order to receive the lower Wellness premium rates.

<u>CLICK HERE</u> to register for a Biometric Screening. Please be sure your email address is correct when completing registration to receive email communication, reminders, and cancellations due to weather. Choose either your personal or work email accordingly. If you are registering on your spouse's behalf, please enter your spouse's name and contact information. Please choose the spouse option to register for the correct dates.

<u>CLICK HERE</u> to view the Inclement Weather Policy for on-site screening appointments. Should a screening be canceled, you will receive a cancellation email from Prevea or Veribook to the email you provide when you schedule an appointment. You will need to check your email before your appointment if you have weather-related concerns. If there is no school or a 2-hour delay due to weather, the screenings for that day will be canceled and automatically rescheduled to a later date.



Sara Mercer Wellness Coordinator (920) 751 - 6800 Ext. 13131 sara.mercer@neenah.k12.wi.us

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Important Deadlines:

Go365 Biometric Screenings Completed Off-Site (provider or other location): Feb. 14th

Go365 Biometric Screenings Completed On-Site: Feb. 28th

Go365 Online Health Assessment: Feb. 28th

NOTE You MUST fast 8 - 12 hours prior to your appointment. The coaches will ask you to reschedule if you have not fasted. (Water and medication may be consumed during the fast.)

NOTE Prevea is requiring ALL patients and screeners to wear a mask while the screening is performed. Patients are strongly encouraged to bring their own masks. Please stay home if you are experiencing any COVID-19 symptoms. Prevea will follow COVID-19 protocols outlined HERE. You must read and understand all protocols prior to attending your scheduled appointment.

NOTE The Employee on the District health plan must also complete the Online Humana Health Review (Health Risk Assessment) BETWEEN 1/1/23 and 2/28/23 in order to receive the lower wellness premium rate. Spouses are not required to do this however it is <u>strongly encouraged</u> spouses participate as their points will be added to the employees Go365 account to reach the wellness incentive and maintain the lower insurance premium rate. This can be done by logging into your Go365 account after 1/1/23. More information on logging in and completing this process to come.

All information will be made available on the District Website.

